## Interested?

We'd love to hear from you if you have an idea in mind.

You will need to complete a simple application form with your contact details and a short description of your project, the people you hope to get involved and what you hope your project will achieve.

#### Contact

Geraldine Goldie (Gerry) Local Area Co-ordinator Self Directed Support Team

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**Fife Health and Social Care Partnership** A partnership between Fife Council and NHS Fife www.fifehealthandsocialcare.org





#### Small Sparks is a small grants programme that helps people to do new and exciting things in their community.

People have great ideas and mostly they don't cost very much money. They just need a little spark, a little support and then – stand well back!

Small Sparks was introduced to the UK by Carl Poll - a pioneer and community builder. The Self Directed Support Team has now linked up with the national organisation 'In Control' Scotland to bring Small Sparks to Fife.

## How does Small Sparks work?

To run a project you need:

- A good idea.
- A plan to involve local people.
- To keep a record or your project. This may be through photographs, a video, a scrapbook or other creative ways.
- To be willing to share the story of your project at a Small Sparks celebration event in Spring 2017 support to prepare for this is available if required.

It's that simple. Everyone can get involved.

# Meeting the criteria:

- Do you live in East Fife?
- Will your project or event make your community a better place to live, work or visit?
- Will your idea involve local people, particularly those who haven't been involved before?
- Is your project fun and interesting?
- Is your project brand new not an extension of an existing project?



## Small Sparks can make a big difference



Below are some examples of projects from other areas:

- A fortnightly 'sing-a-long' group for the whole community, aimed at people who don't have the confidence to sing in a choir.
- High School pupils developed a sensory garden in the local community.
- A sandcastle building competition and story-telling event took place on a local beach.
- Local brownies were involved in organising a treasure hunt and harvest supper for the community.
- Walking Wagon a mother and her son (who has disabilities) made new connections within their local community by visiting neighbours on a weekly basis with a trolley of magazines to share.

